

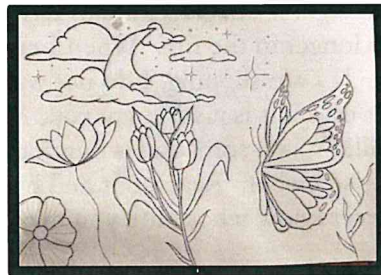


Picture by Kevin



**Divine Light, Inc.  
Client Newsletter  
Issue 006  
March 1, 2026**

**We celebrate our clients...**



Picture by Davon



My name is Keith Stewart and my story begins when I was a little boy. I was abused by a close family member and was left crushed and confused. As I got older, I turned to crystal meth to suppress my trauma. I was headed down a dark path where I tried to harm myself and caused my family to have many sleepless nights. I eventually came to Divine Light, and they helped me put my spiritual pieces back together. While in Divine Light, I participated in Trauma Group Therapy, and I am now rekindling Keith Stewart. I am a survivor, living clean and sober. I am investing in my talents that began as a seed and have sprouted into a beautiful sunflower. **Keith**



**Pictures by Malcom**



### **Do not Add Fuel to the Fire**

I do not want to get burned up. I have already been burned. Enough is enough. I am glad I am in Divine Light. That is why I am no longer in the fire. When I cry, you cry. We all cry together. If I am slipping, I do not want you to let me fall. I do not care if it is justified to you. What about what is justified to all? When someone is burning, do not make their flames rise higher. Reach out and help them douse the fire. You never know whose life you may save. **Oliver**

## Spotlight on Divine Light Staff...

What Up Doe...?

**Tony, Divine Light Driver**

Where do you begin with such a dynamic individual? Tony has endured trials and tribulations in his life. Instead of breaking him down, they only served to make him stronger, more determined to succeed. Tony, has been key in getting some clients off of the street into Divine Light. Tony also provides a listening ear and encouraging words to the clients. Tony travels to penal institutions and colleges to share stories of strength and hope. Tony has been an asset to the Client Advisory Board. He has suggested a reward system for the IOP clients and the Client Newsletter to allow clients and staff to highlight their talent. He shares his ideas and perspectives with the advisory board and has helped create positivity in the client community. Tony, thank you for all that you do.

His motto: It takes a village to raise a child and a community to help a broken brother and sister.



**Ms. Dana, Divine Light Staff**

Ms. Dana has struggled with addiction in her early years. Now she helps others who struggle with addiction. As a staff person, she not only ensures clients get to their destinations in a timely manner but she also treats each person with kindness and respect. Ms. Dana is always ready to share a kind word and a warm smile with each client that she encounters. Ms. Dana, you are appreciated and valued. Thanks for all that you do.

## Did you know...

- Please join us in providing a welcome to our new Divine Light driver, Christie. Treat her to a kind word and a warm smile.
- If you have questions, concerns or grievances and need help, speak to one of the “Client Advisory Board” members (Mary (PHP), Tavon (IOP), Kelcie (IOP), Katrina (IOP), James and Ashley). We are here to help clients with issues such as requests for clothing, assistance with staff concerns, and other issues that may come up.
- If you have experienced trauma in your life, Divine Light offers a “Trauma Group.” Due to the volume of clients interested in the Trauma Group, a second group will now be open to clients. Ms. Salame will host this class.
- If you are interested in continuing educational or vocational classes, please contact John Mangana (Maryland Educational Opportunity Center) 443-854-2074, [jmangana@meoconline.com](mailto:jmangana@meoconline.com).

## Things to Consider....

- Do we understand that we have no real control over drugs?
- Do we recognize that in the long run, we didn't use drugs - they used us?
- Did jails and institutions take over the management of our lives at different times?
- Do we fully accept the fact that every attempt to stop using or to control our using failed?
- Do we know that our addiction changed us into someone we didn't want to be; dishonest, deceitful, self-willed people at odds with ourselves and our fellow man?
- Do we really believe that we have failed as drug users?

**Narcotics Anonymous, page 18-19**

# Types of Trees Word Search

T K X J S P L J E Q D O I R W O K Y F T  
V I M Q U X D X N H A G L K X D I R S O  
Y Z E A U A W E I B Z C E D A R E J B K  
C W R B G U R Y P D S A F T R N A A X R  
F P Q O L N M A P L E I R P A L M Y V Y  
H I E T S T O N F I T O O J R Z W R M P  
O Q R Y X Z B L H P N U A P P L E D J D  
B C S H B N U J I J C Q H B T P N H M W  
N E H P M M L E M A H E J J Q Y E C F W  
S W E K O D D A C U E S Z W D O P Q D T  
O H G C I Y H Q C O S Z F V E O B L T S  
W S U R H W I Q L C T R S G D G G H Z F  
R A V L B O C P V O N E O A K N F C T O  
E E G K U M K H P A U B I Z T O W R K L  
D K S P L M O C L Z T M V P F D I I D C  
W P P L K A R C H E R R Y K O G L B W C  
O M R A M S Y D H G B H X Q Y M L L M R  
O Z U R Q G E F L E V H F H D S O J Y Q  
D W C J E B U R E P I N U J W J W G L P  
Y X E J Q S U I S Y C A M O R E W I N U

Oak  
Birch  
Redwood  
Apple  
Beech  
Ash  
Sequoia

Pine  
Willow  
Elm  
Magnolia  
Fir  
Chestnut  
Sycamore

Maple  
Cedar  
Cherry  
Palm  
Spruce  
Hickory  
Juniper



<b>Pisces</b>	Get ready for something new as the week begins. Whether it's a new project or a new romantic prospect, creativity and novel experiences are the name of the game. Expect to be energized and elated by all the action. By Thursday and Friday, conflicts could start to crop up. The smart move is to mind your own business. In any case, don't get suckered into anyone's ongoing drama. This weekend, find ways to help out the people close to you. Your unflappable compassion is one of your special strengths, but you might need to overcome your need to have all the facts first to put it to good use.
<b>Aries</b>	Ready to blow your top? Take it easy! You need to find a constructive outlet for that emotional agitation as the week begins. Look to help on the home front (from a girl possibly? a woman?) to get you through this bumpy patch. Now is a great time to distract yourself with familial obligations and (as they say) doing the right thing. By Thursday, you'll be back to your outgoing, adventurous self, and others won't be able to get enough of you. Expect a couple days of inspired derring-do, with maybe a little romance too. This weekend, relax that overworked brain of yours. Take time out for something physical.
<b>Taurus</b>	Don't hold back! You might have trouble revealing your feelings at times, what with you being the strong, reliable type and all, but you shouldn't hesitate to confide in friends as the week begins. They're more ready to help than you might imagine, and asking for some friendly assistance will only strengthen those important bonds. On Thursday and Friday, make sure your tenacity isn't interpreted as stubbornness. Others could be looking for any stupid reason to start a fight, but you're better off taking the high road. This weekend, expect to get far with your easygoing charms.
<b>Gemini</b>	Juggling a ridiculous number of details, from shopping lists to guest lists to quarterly budgets, is kind of your specialty. That's a good thing, because you'll need all your mental dexterity as the week begins. Avoid infighting over logistics and you'll manage to get an amazing amount done. You should get the big work out of the way by Thursday, and that means more time for fun. Look for chances to go out with like-minded friends, especially if that involves long (but fun) coffee shop conversations. This weekend, try to catch up with anyone you've left out of the loop (like your family, maybe?) but be extra clear to avoid misunderstandings.
<b>Cancer</b>	Expect to explode out of the gate as the week begins! You're full of ideas and energy right now, and others will look to you to set the pace. (Just be nice and try not to kick up too much dust as you're speeding ahead.) Your intuition should also prove spot-on the first few days of this week, so set goals and be bold going after them. By Thursday, you'll get a hankering for something extravagant. Follow your impulses. The bigger the better, even if you feel like you're getting a little silly. This weekend, make plans to connect with others.
<b>Leo</b>	Lost in thought? Your head is up in the clouds again as the week begins. (Is that where you get all your ingenious schemes and innovative ideas?) Use this burst of day-dreamy intuition to come up with something truly new, and don't forget to include others in the big plan. By Thursday, all that creativity should crest into an overpowering wave. Ride that momentum into the weekend. Thursday and Friday night see you at your confident, charismatic best, commanding the spotlight but generously sharing the stage. This weekend, take advantage of some unusual (and unexpected) introversion to tend to more mundane matters like bills and errands.

<b>Virgo</b>	The beginning of this week plays straight to your strengths. You'll have no problem getting everything (and everyone) organized and whipping your world into shape. Friends (and maybe even those who want to be more than friends) will gladly pitch in and give you a hand. By Thursday and Friday, you might start to feel overwhelmed by all the madcap action swirling around you, but just take a deep breath. If you can stay flexible, you can handle anything, and maybe even help someone out in the process. Expect the extraordinary this weekend. Everyone will stand in awe of your energy and enthusiasm.
<b>Libra</b>	You might have a hard time sorting fact from fiction as the week begins, but just try to be patient. A little duality (think of it as poetic ambiguity, maybe) can be a good thing sometimes as long as you're willing to relax and just let things happen. By Thursday and Friday, others can't help but be drawn to your warmth and friendliness. Use your affable command of the situation to organize something fun (and let someone else worry about the details). This weekend, you're an especially good listener. Take time to talk with friends.
<b>Scorpio</b>	Set big, ambitious goals as the week begins, because you'll have no trouble getting exactly what you want provided you're willing to go after it. That sense of purpose and drive should also lead you into deep and rewarding conversations. By Thursday and Friday, you could find yourself coming into conflict, especially with someone in authority. Take special care not to step on anybody's toes, unless, of course, a confrontation is what you're after right now. The weekend should bring fun opportunities for spending quality time with friends. Share a juicy secret and you might get one in return.
<b>Sagittarius</b>	Don't count on smooth sailing as the week begins! You're in for some turbulent waters, both mental and emotional, and you'll need to keep your hands on the tiller if you hope to steer a steady course. Nautical metaphors continue to apply as the week progresses, but by Thursday and Friday your troubled voyage will become a lucky luxury cruise. Everything will go your way (and everyone will love to be around you), and the only thing that could hold you back is a failure to be brave and take big risks. You'll be thankful for the weekend when you can settle back to a slower, less frenetic pace.
<b>Capricorn</b>	You're almost absurdly able to take care of everything as the week begins. Life will throw crazy new people and problems your way, but with your levelheaded patience you can handle each of them with ease (and even have some fun along the way). By Thursday or Friday, you might have a more difficult time juggling details and distractions, but just keep that trademark calm. If you overreact, you won't get anywhere. This weekend, make big plans and follow through with them. With just a little friendliness and footwork, you can get almost anything done on Saturday and Sunday.
<b>Aquarius</b>	You could get frustrated early in the week because your easygoing charm and friendliness might not be quite enough to get people on your side. Others could overreact to situations in unexpected ways, and you'll have trouble smoothing things out and keeping the peace. Just try to let it go, though. This is only a phase, and overthinking won't help anyone. By Thursday and Friday, attitudes (both yours and others') could get turned upside down by extraordinary events. Who ever said a crazy experiment couldn't lead to crazy-good progress? Enjoy the fruits of sudden creativity! This weekend, look at least two or three times before you leap.

